

DEAF UK ATHLETICS

RUNNING, STRENGTH & FITNESS TRAINING



Are you interested in Track & Field and Cross Country athletics? GB Deaf Athletics team wants more athletes (males and females) to represent GB in international athletics competitions OR to assist us as VOLUNTEERS. Details of our forthcoming "**Running, Strength & Fitness Training**" sessions are detailed below. Fill in form and return to Brian Kokoruwe immediately. If you require overnight accommodation, please say so in the form. **There are competitions coming up soon in Germany, Poland, Italy and the 1st World Deaf Athletics Championships in Venezuela.** This is the time to fight for selection....

First Name:		Sex: Male <input type="checkbox"/> Female: <input type="checkbox"/>	
Surname:			
Address:			
Telephone (Text):		Telephone (Voice):	
Fax No:		Mobile No:	
Email address:			
Date of Birth:		Age:	
DEAF ATHLETES ONLY TO COMPLETE THIS SECTION			
Are you a member of an athletics club:		YES: <input type="checkbox"/> NO: <input type="checkbox"/>	
Where do you train:			
If NO, would you like to join a club near your home:			
If YES, what is the name of your athletics club?			
Events you are interested in and best performances and approximate date you achieved them?			
Top 3 Events		Best Performance (Time or distance thrown) and Date.	
1.			
2.			
3.			
NON ATHLETES (VOLUNTEERS DEAF OR HEARING) TO COMPLETE THIS SECTION			
Are you deaf? Yes: <input type="checkbox"/> No: <input type="checkbox"/> Tick 1 box		Are you unemployed? Yes: <input type="checkbox"/> No: <input type="checkbox"/> Tick 1 box.	
Are you over 50 years old? Yes: <input type="checkbox"/> No: <input type="checkbox"/> Tick 1 box		Are you interested in volunteering? Yes: <input type="checkbox"/> No: <input type="checkbox"/> tick 1 box If Yes, please say here which volunteer activities you are interested in:	
Please tick or make bold the dates you wish to attend. All sessions will be on Saturdays and from 11am to about 4pm.		9 th April 2005 <input type="checkbox"/> 7 th May 2005 <input type="checkbox"/> (You are welcome to arrive anytime before 11am. 10.30am would be a goodtime)	
Cost per training session will be £5 before 30th March or after £7.00 or on the day . Please make cheques payable to " DEAF UK ATHLETICS " and send to the address below immediately or pay on the day. You can pay for single session or pay for all the sessions that you are able to attend. Amount paid: £			

??9th April 2005
 ??7th May 2005

Training base will be: Northwood Stadium, Keelings Road
 STOKE-ON-TRENT, ST1 6PA **Telephone:** 01782 234400 **Fax:** 01782 236798
 For directions, go to: <http://www.runtrackdir.com/details.asp?track=stoke>

Amount paid £

If you have any questions concerning membership, please contact Brian Kokoruwe either by email, fax or letter. Contact details are below....

Brian Kokoruwe, DUKA Director
 Email: briank@deafukathletics.org.uk
 Fax/Minicom: 01782 561 665
 Post to: Deaf UK Athletics, **PO Box 2360, Newcastle-under-Lyme**
Staffordshire
ST5 7WA