

**EDSO**  
**European Records**  
**Stand: 24 February 2005**

**Men**

Event	Mark	Name	Nation	Location	Date	Year Born
100m	10.76	Marco Braun	GER	Karlstadt (GER)	14.07.2001	1973
200m	21.36	Jochen Gamer	GER	Sofia (BUL)	30.07.1993	1968
400m	47.06	Marc Brücher	GER	Munich (GER)	01.08.1987	1962
800m	1:50.6	Willy van Mulders	BEL	Bucharest (ROM)	21.07.1977	1953
1,000m	2:25.34	Javier Soto Rey	ESP	Madrid (ESP)	29.07.2003	1977
1,500m	3:50.81	Aliaksandr Khatsianovich	URS	Christchurch (NZL)	15.01.1989	1962
1 Mile	4:15.6	Timo Karvonen	FIN	Kuopio (FIN)	21.08.1979	1948
2,000m	5:25.29	Rafal Nowak	POL	Czestochowa (POL)	03.05.2004	1975
3,000m	8:22.34	Markku Leppänen	FIN	Lathi (FIN)	14.07.1987	1959
5,000m	14:17.16	Timo Karvonen	FIN	Sotkamo (FIN)	21.06.1981	1948
<b>10,000m</b>	<b>29:07.53</b>	<b>Timothy Butler</b>	<b>GBR</b>	<b>Birmingham (GBR)</b>	<b>23.06.1989</b>	<b>1963</b>
20,000m	1:02:26.4	Taieb Tounsi	FRA	Saint-Maur (FRA)	01.05.1987	1961
1 Hour	19.225	Taieb Tounsi	FRA	Saint-Maur (FRA)	01.05.1987	1961
25,000m	1:22:37.8	Pauli Savolainen	FIN	Jyväskylä (FIN)	12.09.1966	1939
30,000m	2:04:17	Alfredo De Los Mozos Calle	ESP	Wuppertal (GER)	07.06.2003	1969
3,000m Steeplechase	8:55.71	Rafal Nowak	POL	Bydgoszcz (POL)	02.07.2004	1975
110m Hurdles	14.3	Vyacheslav Skomorokhov	URS	Belgrade (YUG)	13.08.1969	1940
400m Hurdles	51.4	Vyacheslav Skomorokhov	URS	Belgrade (YUG)	11.08.1969	1940
High Jump	2.05	Konstantin Iakunin	URS	Christchurch (NZL)	09.01.1989	1961
	2.05	Vladislav Vinnik	URS	Hildesheim (GER)	15.07.1989	1967
Pole Vault	4.78	Ole-Theodor Sponberg	NOR	Sofia (BUL)	26.07.1993	1968
Long Jump	7.25	Vesa Hannu	FIN	Kuortane (FIN)	10.07.1971	1950
Triple Jump	15.27	Viktor Judelevitch	URS	Belgrade (YUG)	11.08.1969	1945
Shot Put (7.26kg)	16.94	Bo-Göran Henriksson	SWE	Lidingö (SWE)	29.05.1973	1950
Discus Throw (2.00kg)	55.08	Cristian Ponton	ITA	Tarvisio (ITA)	28.08.1996	1972
Hammer Throw (7.26kg)	56.96	Olaf Garberg	NOR	Trondheim (NOR)	21.09.1972	1939
Javelin Throw (800g)	69.00	John Solem	NOR	Moss (NOR)	05.08.1990	1960
Decathlon	7,423	Mirosław Bednarek	GER	Los Angeles (USA)	14/15.07.1985	1960
		11.49 – 6.85 – 11.91 – 1.96 – 50.82 / 16.85 – 32.65 – 4.73 – 47.84 – 4:32.03				
4x100m Relay	41.77	Germany Team	GER	Lausanne (SUI)	30.06.1995	****
		Marco Braun (1973) – Milko Otto (1972) – Peter Fehrlé (1969) – Jochen Gamer (1968)				
4x200m Relay	1:35.7	GSV Wuppertal Team	GER	Paris (FRA)	18.04.1992	****
		Marek Krauze (1965) – Michael Czarnetzki (1973) – Matthias Tamm (1970) – Aleksandr Markovic (1972)				
4x400m Relay	3:12.79	Ukraine Team	UKR	Rome (ITA)	31.07.2001	****
		Olexander Khodakov (1979) – Dmytro Dyachenko (1977) – Andriy Pankratov (1975) – Hennadii Holovkin (1973)				
4x800m Relay	8:27.6	GSV Wuppertal Team	GER	Wuppertal (GER)	26.08.1989	****
		Volker Klöckner (1969) – Dieter Norf (1959) – Christoph Lißbeck (1965) – Axel Krennrich (1961)				
4x1,500m Relay	17:30.4	GSV Wuppertal Team	GER	Wuppertal (GER)	26.08.1989	****
		Dieter Marschner (1958) – Dieter Norf (1959) – Christoph Lißbeck (1965) – Axel Krennrich (1961)				
20,000m Walk	1:25:37.8	Gerhard Sperling	GER	Erfurt (GER)	24.06.1972	1937
2 Hours	15.778	Michele Visco	ITA	Rome (ITA)	19.04.1972	1952
30km Road Walk	<i>Vacant</i>					
50km Road Walk	<i>Vacant</i>					
10km Road Race	<i>Vacant</i>					
15km Road Race	<i>Vacant</i>					

Road Race						
20km	<i>Vacant</i>					
Road Race						
Half Marathon	1:17:32	Alfredo De Los Mozos Calle	ESP	Cantaleja (ESP)	10.10.2004	1969
25km	<i>Vacant</i>					
Road Race						
30km	<i>Vacant</i>					
Road Race						
Marathon	2:24:18	Taieb Tounsi	FRA	Christchurch (NZL)	15.01.1989	1961
100km	<i>Vacant</i>					
Road Race						

## Women

Event	Mark	Name	Nation	Location	Date	Year Born
100m	12.20	Margareta Trnkova	CZE	Rome (ITA)	26.07.2001	1976
200m	24.43	Margareta Trnkova	CZE	Rome (ITA)	30.07.2001	1976
400m	55.76	Inna Izbash	UKR	Tallinn (EST)	15.07.2003	1972
800m	2:07.5	Rita Windbrake	GER	Bonn (GER)	03.07.1977	1945
1,000m	2:46.8	Rita Windbrake	GER	Troisdorf (GER)	10.07.1981	1945
1,500m	4:25.25	Rita Windbrake	GER	Geisenkirchen (GER)	18.07.1981	1945
<b>1 Mile</b>	<b>4:59.15</b>	<b>Candy Perkins</b>	<b>GBR</b>	<b>Ashford (GBR)</b>	<b>18.05.1997</b>	<b>1971</b>
2,000m	6:30.39	Nele Alder-Baernes	GER	Berlin (GER)	01.05.2003	1978
3,000m	9:57.0	Rita Windbrake	GER	Troisdorf (GER)	02.05.1981	1945
5,000m	17:42.9	Nele Alder-Baernes	GER	Berlin (GER)	24.07.2004	1978
10,000m	37:35.8	Irina Andreitshouk	RUS	St. Petersburg (RUS)	28.05.2004	1974
1 Hour	<i>Vacant</i>					
3,000m	<i>Vacant</i>					
Steeplechase						
100m Hurdles	14.90	Sylvie Rochette	FRA	Los Angeles (USA)	15.07.1985	1961
400m Hurdles	63.19	Inna Izbash	UKR	Rome (ITA)	30.07.2001	1972
High Jump	1.74	Annelly Ojastu	URS	Christchurch (NZL)	13.01.1989	1960
Pole Vault	3.02	Sarah Bednarek	GER	Troisdorf (GER)	21.07.2004	1986
Long Jump	5.86	Katrin Svensson	SWE	Rome (ITA)	27.07.2001	1978
<b>Triple Jump</b>	<b>12.30</b>	<b>Magdalena Bachmatiuk</b>	<b>POL</b>	<b>Melbourne (AUS)</b>	<b>11.01.2005</b>	<b>1986</b>
Shot Put (4.00kg)	14.49	Olga Kalina	URS	Malmö (SWE)	23.07.1973	1947
Discus Throw (1.00kg)	46.52	Olga Kalina	URS	Malmö (SWE)	25.07.1973	1947
<b>Hammer Throw (4.00kg)</b>	<b>46.85</b>	<b>Joanne Davison</b>	<b>GBR</b>	<b>Crawley (GBR)</b>	<b>10.04.2005</b>	<b>1964</b>
Javelin Throw (600g)	44.90	Kairit Olenko	EST	Tallinn (EST)	15.05.2003	1985
Heptathlon	4,583	Kairit Olenko	EST	Tallinn (EST)	14/15.07.2003	1985
4x100m Relay	48.22	France Team	FRA	Los Angeles (USA)	17.07.1985	****
		Jeanette Ludon (1963) – Marie-Michele Elouin (1970) – Marie-Helene Manier (1962) – Sylvie Rochette (1961)				
4x200m Relay	1:49.84	GTSV Essen Team	GER	Wuppertal (GER)	30.05.1993	****
		Elke Köster (1969) – Sonja Naber (1975) – Petra Klein (1967) – Myriam Brunke (1974)				
4x400m Relay	3:52.36	Russia Team	URS	Köln (GER)	29.07.1981	****
		Aleksandra Zharova (1965) – Ruta Narkavitchute (1962) – Marina Botagova (1960) – Raisa Shelkovskaya (1953)				
4x800m Relay	10:04.7	Germany Team	GER	Berlin (GER)	01.09.1984	****
		Ute Schuck (1966) – Birgit Willmerdinger (1959) – Heike Weidner (1966) – Rita Windbrake (1945)				
5,000m Walk	<i>Vacant</i>					
10,000m Walk	<i>Vacant</i>					
20km	<i>Vacant</i>					
Road Walk						
<b>10km Road Race</b>	<b>38:32</b>	<b>Candy Hawkins</b>	<b>GBR</b>	<b>Ashford (GBR)</b>	<b>10.10.2004</b>	<b>1971</b>
15km	<i>Vacant</i>					
Road Race						

20km	<i>Vacant</i>					
Road Race						
Half Marathon	<i>Vacant</i>					
25km	<i>Vacant</i>					
Road Race						
30km	<i>Vacant</i>					
Road Race						
Marathon	2:57:53	Ulrika Janemon	SWE	Melbourne (AUS)	14.01.2005	1966
100m	<i>Vacant</i>					
Road Race						