

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

Entry on Day – No Medals!

**60m Final - Children – 7/8 & 9/10 Girls**

1.	Poppy Kelman	7/8	Non-London	10.4 sec
2.	Jasmine Kellman	7/8	South West London	11.8 sec
1.	Aimee Campbell	9/10	South East London	10.2 sec
2.	Laura Kellman	9/10	South West London	10.6 sec
	Leila Wood	9/10	Entry On Day	10.9 sec

**100m Final - U13/U15 Boys & Girls**

1.	Zeon Campbell	U13B	South East London	15.3 sec
1.	Rheane Marmon-Halm	U13G	South East London	16.0 sec
1.	John Ruddy	U15B	Non-London	13.0 sec
2.	Nadi Kus	U15B	North London	13.1 sec
3.	Elliott Bryan	U15B	East London	13.4 sec
4.	Ali Er	U15B	North London	14.4 sec
5.	Ridwan Ojetola	U15B	Non-London	15.1 sec

**100m Final - U17 Boys**

1.	Nelson Bolumbu	U17	North London	11.8 sec
2.	Harry Perry-Lewis	U17	Non-London	12.1 sec
3.	Hasan Ahmed	U17	East London	13.3 sec
4.	Khaium Uddin	U17	East London	13.6 sec
5.	Ahmed Ahmed	U17	North London	18.1 sec

**100m Final - U17/U20 Girls & Senior/Veteran Women**

1.	Jessica Everhurst	U17	Non-London	13.4 sec
1.	Jodie Price	U20	Non-London	13.7 sec
2.	Sheila Ladu	U20	Non-London	14.2 sec
1.	Astra Tutumaye	SW	South East London	18.6 sec
	Angela Devis	SW	South East London	DNS
	Birute Grobouskaite	SW	North London	DNS
	Helen Haslam	SW	East London	DNS
1.	Carol Raynor	VW	East London	17.6 sec

**100m – Heat 1 – Senior Men**

1.	Konstanty Bakowski	SM	East London	11.8 sec	Q
2.	Clifford Lane	SM	South East London	12.0 sec	Q
3.	Matthew Powe	SM	Non-London	12.6 sec	Q
4.	Jamie Fuller	SM	Non-London	13.5 sec	
	Jermaine Kinsman	SM	Non-London	DNS	

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

**100m – Heat 2 – Senior Men**

1. Jonathan Nelson	SM	Non-London	12.3 sec	Q
2. Mark Miller	SM	Non-London	12.6 sec	Q
3. Jason Steadman	SM	Non-London	13.0 sec	Q
4. Andrew Stibbs	SM	North London	14.8 sec	
Behzad Bakhshi	SM	North West London	DNS	

**100m – Heat 3 – Senior Men**

1. Edmund Lepre	SM	East London	12.6 sec	Q
2. Abdul Rahman	SM	East London	14.6 sec	Q
3. Ramunas Grabauskas	SM	North London	15.1 sec	
Kamal Ahmed	SM	East London	DNS	
Mark Nelson	SM	South East London	DNS	

**100m Final – Senior Men**

1. Konstanty Bakowski	SM	East London	11.4 sec
2. Clifford Lane	SM	South East London	11.8 sec
3. Jonathan Nelson	SM	Non-London	12.0 sec
4. Jason Steadman	SM	Non-London	12.2 sec
5. Edmund Lepre	SM	East London	12.5 sec
6. Mark Miller	SM	Non-London	12.9 sec
7. Matthew Powe	SM	Non-London	13.1 sec
8. Abdul Rahman	SM	East London	13.3 sec

**100m Final – Veteran Men**

1. Peter Perry	VM	Non-London	12.9 sec
2. Leslie Morris	VM	South West London	13.1 sec
3. Soe Sang Woo	VM	East London	16.3 sec
Clive Morgan	VM	Non-London	DNS

**200m Final – U13/U15 Boys & Girls**

1. Zeon Campbell	U13B	South East London	34.1 sec
Adam Wood	U13B	Entry On Day	34.8 sec
Gemma Davis	U13G	Non-London	DNS
1. John Ruddy	U15B	Non-London	26.3 sec
2. Emrah Gencer	U15B	North London	33.0 sec
3. Adam Foot	U15B	Non-London	33.3 sec

**200m Final – Open Boys/Girls & Senior Men**

1. Nelson Bolumbu	U17B	North London	23.8 sec
2. Harry Perry-Lewis	U17B	Non-London	24.3 sec
1. Jessica Everhurst	U17G	Non-London	28.4 sec
1. Sheila Ladu	U20G	Non-London	29.6 sec
Liam Scott	SM	Non-London	DNS

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

**200m Final – Open Boys & Veteran Men**

1.	Hasan Ahmed	U17	East London	27.6 sec
1.	Leslie Morris	VM	South West London	26.6 sec
2.	Peter Perry	VM	Non-London	27.0 sec

**200m Final – Senior Men**

1.	Konstanty Bakowski	SM	East London	23.8 sec
2.	Jason Steadman	SM	Non-London	24.9 sec
3.	Mark Miller	SM	Non-London	25.7 sec
4.	Jonathan Nelson	SM	Non-London	26.9 sec
5.	Jamie Fuller	SM	Non-London	28.5 sec
6.	Huseyin Ozbas	SM	North London	30.0 sec
	Jermaine Kinsman	SM	Non-London	DNS
	Haroon Rashid	SM	Non-London	DNS

**400m Final – U13/U15 Boys & Girls**

	Gemma Davis	U13G	Non-London	DNS
1.	Paul Emmanuel	U15B	East London	74.0 sec
2.	Adam Foot	U15B	Non-London	76.5 sec

**400m Final – Open Boys & Senior Men 1**

1.	Douglas Rathey	U17	Non-London	53.7 sec
2.	Harry Perry-Lewis	U17	Non-London	56.5 sec
3.	Saul Allison	U17	Non-London	57.4 sec
4.	Jamie Martin	SM	East London	60.3 sec
	Liam Scott	SM	Non-London	DNS

**400m Final – Open Boys & Senior Men 2**

1.	Louis Francis	U17	Non-London	61.0 sec
2.	Hasan Ahmed	U17	East London	64.3 sec
	Jermaine Kinsman	SM	Non-London	DNS
	Hussein Omar	SM	Non-London	DNS

**800m Final – U13/U15 Boys & Girls**

	Gemma Davis	U13G	Non-London	DNS
1.	Jak Barton-Lee	U15B	Non-London	2:37.2 sec
2.	Dean Stanton	U15B	North London	2:56.6 sec
3.	Paul Emmanuel	U15B	East London	3:17.7 sec

**800m Final – Open Boys, Girls & Senior Men**

1.	Lauren Peffers	U17G	Non-London	2:23.2 sec
1.	Adam McCormick	U17B	Non-London	2:14.7 sec
2.	Louis Francis	U17B	Non-London	2:20.4 sec
3.	Samir Gathani	U17B	Non-London	2:24.3 sec
	Hiten Laad	SM	Non-London	DNS

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

**800m Final – Open Boys & Senior Men**

1.	Douglas Rathey	U17	Non-London	2:03.3 sec
2.	Matthew Butler	SM	Non-London	2:03.5 sec
3.	Saul Allison	U17	Non-London	2:15.6 sec
4.	Jamie Martin	SM	East London	2:16.5 sec
5.	Ilyaas Adbuc Cader	SM	South East London	3:11.8 sec
	Liam Scott	SM	Non-London	DNF
	Sanjho Gnanarajah	SM	South East London	DNF
	Mark Nelson	SM	South East London	DNS

**1,500m Final – Senior Men & Women**

1.	Candy Hawkins	SW	Non-London	4:50.8 sec
1.	Matthew Butler	SM	Non-London	4:31.4 sec
	Andrew Stibbs	SM	North London	DNS
	Hiten Laad	SM	Non-London	DNS
	Ilyaas Adbuc Cader	SM	South East London	DNS
	Ugar Canatan	SM	Non-London	DNS
	?	?	Entry On Day	5:29.4 sec

**5,000m Final – Mixed Age Group**

	Daniel Summersgill	U20	Non-London	DNS
1.	Hiten Laad	SM	Non-London	20:23.6 sec
	Sanjho Gnanarajah	SM	South East London	DNF
	Liam Scott	SM	Non-London	DNS
	Matthew Butler	SM	Non-London	DNS
1.	Soe Sang Woo	VM	East London	24:01.2 sec

**2 x 60m Relay Final - Children – 7/8 & 9/10 Girls**

1.	Poppy Kelman	7/8	Non-London	36.0 sec
	Aimee Campbell	9/10	South East London	
2.	Jasmine Kellman	7/8	South West London	38.1 sec
	Laura Kellman	9/10	South West London	

**4 x 100m Relay Final – U13 & U15 Boys**

1.	Dean Stanton	U15	North London	60.3 sec
	Ridwan Ojetola	U15	Non-London	
	Elliott Bryan	U15	East London	
	Ali Er	U15	North London	
2.	Adam Foot	U15	Non-London	64.6 sec
	Zeon Campbell	U13	South East London	
	Jak Barton-Lee	U15	Non-London	
	Christopher Fonscea	U15	Entry On Day	

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

**4 x 100m Relay Final – U17/U20 Girls, Senior & Veteran Women**

1.	Jodie Price	U20	Non-London	57.0 sec
	Philippa Merricks	U17	Non-London	
	Sheila Ladu	U20	Non-London	
	Jessica Everhurst	U17	Non-London	
2.	Carol Raynor	VW	East London	62.9 sec
	Unknown Name	?	Entry On Day	
	Miss Raynor	?	Entry On Day	
	Lauren Peffers	U17	Entry On Day	

**4 x 100m Relay Final – U17 Boys**

1.	Nelson Bolumbu	U17	North London	54.7 sec
	Ahmed Ahmed	U17	North London	
	Huseyin Ozbas	U17	North London	
	Unknown Name	?	Entry On Day	

**4 x 100m Relay Final – Senior & Veteran Men**

1.	Jason Steadman	SM	Non-London	50.8 sec
	Clive Morgan	VM	Non-London	
	Leslie Morris	VM	South West London	
	Mark Miller	SM	Entry On Day	
2.	Soe Sang Woo	VM	East London	52.6 sec
	Derek Chase	SM	Entry On Day	
	Jamie Fuller	SM	Entry On Day	
	Peter Perry	VM	Entry On Day	

**High Jump Final – U20 Girls & Senior Men**

1.	Sheila Ladu	U20	Non-London	0.90m
	<u>0.90m</u>	<u>0.95m</u>		
1.	o	xxx		
1.	Jonathan Nelson	SM	Non-London	1.50m
2.	Matthew Powe	SM	Non-London	1.45m
	Jason Taylor	SM	South East London	NJ
	Andrew Stibbs	SM	North London	NJ
	Ugar Canatan	SM	Non-London	DNS
	Gaetano Grimawi	SM	East London	DNS
	Hussain Omar	SM	Entry On Day	NJ

	<u>1.30m</u>	<u>1.35m</u>	<u>1.40m</u>	<u>1.45m</u>	<u>1.50m</u>	<u>1.60m</u>
1.	-	o	o	o	o	xxx
2.	-	o	o	xxo	xxx	

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

**Long Jump Final – U13/U15/U20 Girls/Boys & Veteran Women**

1. Zeon Campbell	U13B		South East London	2.94m
	2.62	2.68	2.94	
Sean Radcliffe	U13B		Entry On Day	2.59m
	2.20	2.59	2.46	
1. John Ruddy		U15B	Non-London	4.89m
	4.89	4.84	4.82	
2. Nadi Kus	U15B		North London	4.15m
	NT	3.75	4.15	
3. Adam Foot	U15B		Non-London	3.68m
	3.37	3.34	3.68	
4. Jak Barton-Lee	U15B		Non-London	3.67m
	3.58	3.10	3.67	
5. Emrah Gencer	U15B		North London	3.44m
	3.44	3.04	3.43	
1. Amaliah Marmon-Halm	U15G		South East London	2.71m
	2.71	2.39	2.48	
1. Jodie Price	U20G		Non-London	3.60m
	3.60	3.31	3.58	
1. Sandra Campbell	VW		South East London	4.50m
	4.50	4.28	4.50	

**Long Jump Final – U17 Boys, Senior & Veteran Men**

1. Harry Perry-Lewis	U17		Non-London	5.56m
	5.56	4.74	4.99	
2. Hasan Ahmed	U17		East London	2.80m
	2.80	1.40	NT	
1. Matthew Powe	SM		Non-London	5.43m
	5.18	5.43	5.25	
2. Edmund Lepre	SM		East London	5.35m
	5.24	5.14	5.35	
3. Jason Taylor	SM		South East London	4.89m
	4.89	2.81	4.53	
4. Jamie Martin	SM		East London	4.84m
	NT	NT	4.84	
Unknown Name	SM		Entry On Day	4.34m
	3.33	4.34	4.24	
Andrew Stibbs	SM		Entry On Day	3.76m
	3.76	3.20	3.21	
1. Leslie Morris	VM		South West London	4.57m
	3.83	4.30	4.57	
2. Peter Perry	VM		Non-London	4.33m
	4.33	4.24	NT	
3. Chang Seg Kwon	VM		East London	4.19m
	3.88	4.19	NT	
Soe Sang Woo	VM		Entry On Day	4.16m
	4.16	3.97	4.03	

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

**Triple Jump Final – Senior/Veteran Men & Women**

1. Jason Taylor	SM		South East London	10.40m
	10.40	NJ	NJ	
2. Jonathan Nelson	SM		Non-London	10.10m
	NJ	10.10	9.66	
Matthew Powe	SM		Entry On Day	11.36m
	11.12	11.31	11.36	
Hussein Omar	SM		Entry On Day	9.44m
	NJ	8.42	9.44	
Andrew Stibbs	SM		Entry On Day	NJ
	NJ	NJ	NJ	
1. Beth Sewell	SW		Non-London	8.38m
	8.03	8.38	8.21	
1. Sandra Campbell	VW		South East London	9.05m
	NJ	9.02	9.05	

**Shot Put – Age Groups – Senior & Veteran Men**

1. Guy Finney	SM		Non-London	7.27m
	7.27	7.19	7.01	
2. Hussein Omar	SM		Non-London	6.97m
	6.62	6.42	6.97	
3. Abdul Rahman	SM		East London	6.28m
	6.28	NT	NT	
Ugar Canatan	SM		Non-London	DNS
Andrew Stibbs	SM		North London	DNS
Abdi Gas	SM		West London	DNS
Javed Ahmed	SM		Non-London	DNS
Samba Coker	SM		Entry on Day	9.48m
	8.83	9.06	9.48	
1. Phillip Gardner	VM		Non-London	7.65m
	7.65	6.41	7.33	
2. Robert Lowe	VM		Non-London	7.62m
	7.62	NT	7.24	
3. Clive Morgan	VM		Non-London	7.06m
	6.01	6.21	7.06	

**Shot Put – Age Groups – U17 Girls/Senior & Veteran Women**

1. Philippa Merricks	U17		Non-London	6.70m
	6.70	6.52	6.46	
1. Alexandra Dury	SW		Non-London	9.10m
	9.10	NT	8.36 8.40	
2. Beth Sewell	SW		Non-London	8.68m
	8.63	8.68	8.62 7.84	
3. Kavitha Gnanapragasam	SW		Non-London	5.90m
	5.90	5.81	5.85 5.85	
4. Jessica Wilde	SW		Non-London	5.70m
	5.70	5.32	5.35 5.19	
5. Sahra Fahra		SW	North London	5.06m
	4.50	4.59	5.06 4.46	
Naomi Rohen	SW		Non-London	DNS

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

Angela Devis	SW		South East London	DNS
1. Joanne Davison	VW		Non-London	10.19m
	10.09	10.19	9.72 9.89	
2. Sandra Campbell	VW		South East London	8.85m
	8.14	8.49	8.85 8.82	
3. Lorraine Robinson	VW		South East London	6.29m
	6.12	5.18	6.29	

**Discus Throw – Age Groups – Senior & Veteran Men**

1. Guy Finney	SM		Non-London	20.70m
	20.21	19.52	20.70	
Behzad Bakhshi	SM		North West London	DNS
Abdi Gas	SM		West London	DNS
Chris Dougall	SM		South East London	DNS
John Lewis	SM		Entry On Day	22.91m
	22.91	22.51	20.80	
Samba Coker	SM		Entry On Day	15.21m
	7.08	13.14	15.21	
1. Phillip Gardner	VM		Non-London	20.57m
	20.57	19.25	19.20	
2. Clive Morgan	VM		Non-London	18.97m
	17.28	15.73	18.97	
3. Robert Lowe	VM		Non-London	15.34m
	NT	15.34	14.72	

**Discus Throw – Age Groups – U17 Girls, Senior & Veteran Women**

Philippa Merricks		U17	Non-London	DNS
1. Beth Sewell	SW		Non-London	28.68m
	28.41	28.68	28.57	
2. Alexandra Dury	SW		Non-London	23.65m
	NT	22.38	23.65	
3. Jessica Wilde	SW		Non-London	13.29m
	12.30	13.29	NT	
4. Kavitha Gnanapragasam	SW		Non-London	12.28m
	12.28	NT	11.39	
Kavita Sharma	SW		Non-London	NT
	NT	NT	NT	
Namoi Rohen	SW		Non-London	DNS
Angela Devis	SW		South East London	DNS
Esther Maylock	SW		Entry On Day	25.68m
	25.68	24.23	24.46	
1. Joanne Davison	VW		Non-London	31.32m
	31.32	31.11	28.06	

**Hammer Throw – Age Groups – Senior/Veteran Men & Women**

1. Beth Sewell	SW		Non-London	28.10m
	27.42	27.10	NT	
1. Joanne Davison	VW		Non-London	41.93m
	38.91	41.93	40.37	

2<sup>nd</sup> London Regional Open Athletics Championships at Ladywell Arena  
Catford, London – 29<sup>th</sup> May 2004

---

2. Sandra Campbell	VW NT		South East London 15.83	15.83m
Robert Lowe		VM	Non-London	DNS

**Javelin Throw – Age Groups – Senior & Veteran Men**

1. Edmund Lepre	SM 31.77	34.64	East London	34.64m
Jason Taylor	NT	SM NT	South East London	NT
David Foot	SM NT	NT	Non-London	NT
Jamie Martin	NT	SM NT	East London	NT
Abdi Gas	SM		West London	DNS
Chris Dougall	SM		South East London	DNS
Unknown Name	?		Entry On Day	33.14m
Matthew Butler	NT	33.14		
	SM		Entry On Day	31.84m
Christopher Fonseca	31.84	NT		
	U15		Entry On Day	14.94m
	NT	14.94		
1. Phillip Gardner	VM		Non-London	33.10m
	28.11	33.10		
2. Robert Lowe	VM		Non-London	31.00m
	28.11	31.00		
3. Peter Perry	VM		Non-London	29.01m
	25.16	29.01		
Chang Seg Kwon	VM		East London	NT
	NT	NT		
Soe Sang Woo	VM		Entry On Day	NT
	NT	NT		

**Javelin Throw – Age Groups – Senior & Veteran Women**

Alexandra Dury	SW NT		Non-London	NT
Kavita Sharma	SW	NT	Non-London	DNS
1. Lorraine Robinson	VW 28.11	8.61	South East London	14.13m

Please email me for any errors or unnamed athletes on these results – [sandrac@deafukathletics.org.uk](mailto:sandrac@deafukathletics.org.uk)  
Thank you

**For the next athletics championships on Saturday 10<sup>th</sup> July 2004**  
**STRICTLY NO ENTRY ON THE DAY PLEASE!!**

**PLEASE MAKE SURE YOU FILL OUT THE ENTRY FORM AND SEND IT TO DEAF UK ATHLETICS BEFORE**  
**THE CLOSING DATE WHICH IS 2<sup>ND</sup> JULY 2004**