

2012 Toronto 2nd World Championships
Deaf UK Athletics Official Qualifying Standards

Revised Sept 2011

Events	Men	Women
100m	11.20	13.37
200m	22.50	26.30
400m	50.50	58.00
800m	1:59.00	2:18.00
1500m	4:01.62	4:56.00
5000m	15:33.02	18:30.98
10000m	32:50.00	38:20.45
100m Hurdles	****	14.85
110m Hurdles	17.00	****
400m Hurdles	57.50	70.00
3000m Steeplechase	9:57.65	****
4 x 100m Relay*	****	****
4 x 400m Relay*	****	****
High Jump	1.97m	1.60m
Pole Vault	4.00m	2.20m
Long Jump	6.50m	5.20m
Triple Jump	14.00m	11.50m
Shot Put	14.00m	12.50m
Discus Throw	42.00m	35.28m
Hammer Throw	55.00m	52.00m
Javelin Throw	57.00m	42.00m
Decathlon	5000pts	****
Heptathlon	****	3500pts
Marathon	2:55:00	3:15:00

Relay Standards

Event	Men	Women
100m	11.80	13.45
400m	53.00	61.00

***Relay Standard:** Time that individual member of the relay team **MUST** achieve to get in the team