



Taiwan 2009 Deaflympic Games

Deaf UK Athletics Official Qualifying Standards

Revised Nov 2008

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Events	Men	Women
100m	11.20	13.37
200m	23.20	26.50
400m	51.50	60.00
800m	1:59.00	2:18.00
1500m	4:01.62	4:56.00
5000m	15:33.02	18:30.98
10000m	32:50.00	38:20.45
100m Hurdles	****	17.05
110m Hurdles	17.00	****
400m Hurdles	58.00	75.00
3000m Steeplechase	9:57.65	****
4 x 100m Relay*	****	****
4 x 400m Relay*	****	****
High Jump	1.85m	1.55m
Pole Vault	4.00m	2.20m
Long Jump	6.50m	5.20m
Triple Jump	14.00m	11.50m
Shot Put	13.50m	12.00m
Discus Throw	42.00m	35.28m
Hammer Throw	45.00m	48.50m
Javelin Throw	55.00m	40.00m
Decathlon	5000pts	****
Heptathlon	****	3500pts
Marathon	3:00:50	3:30:18

Relay Standards

Event	Men	Women
100m	11.80	13.45
400m	53.00	61.00